

“Days of My Life”

Time	M	T	W	Th	F
8	email	email	Lecture	email	email
9	Lab meeting	Research Safety	email	Grant	Grant
10	Class	Budget review	Research	Class	Grant
11	Class	NIH review	Research	Class	Research
12	Seminar	AHA call	Research	Department	Seminar
1	Research	Research	Research	Research	Research
2	Research	Research	Students & Postdocs	Research	Research
3	IACUC	Research	AHA review	Research	Research
4	NIH review	Dept. meet	AHA review	Grant	Seminar

“My Federal Life”

Time	M	T	W	Th	F
8					
9		Research Safety			
10		Budget review	Research (75% purchases)		
11			Research		Research
12			Research		
1	Research (50% animal purchase)	Research (50% subcontract)		Research (50% supply purchases)	Research (75% personnel)
2	Research	Research		Research	Research
3	IACUC	Research		Research	Research
4					

“What I Did Last Week”

- 36% of my time and effort (i.e., 14.5 h) was devoted to research at the “bench”.
- Of that time, 39% (i.e., 5.5 h) of it was spent research administration.
- If I had trained project support personnel to work on these tasks, I estimate that I could have “liberated” about 4h of laboratory research time.

Future Options

FLEXIBILITY IS THE WATCH WORD

- Remember our first success:
“expanded authorities”-it was all about **spending wisely!**
- Now it’s about using our **time wisely!**
- Give the faculty the flexibility to best use their research time productively